

North Carroll Girls Lacrosse

www.ncrclacrosse.com

4499 Foxtail Rd

Hampstead, MD 21074

410-239-0638

It is that time of year again to begin registering for the 2009 lacrosse season. Enclosed are registration information and a tentative calendar of events. Please complete **one form per child**. Please sign both the parent code of conduct and registration form. Additional forms and information are available on our web site www.ncrclacrosse.com click on girl's lacrosse. If you have any questions regarding our program, please email them to ncrclax@hotmail.com

Mark your Calendars

- * 12/15/08 NCGL to mail registration forms to previous years players
- * 01/10/09 In person registration at NC Middle School 9-12 am
- * 01/17/09 In person registration at NC Middle School 9-12am
- * 01/24/09 Registration closed. Applications submitted after these dates Are not guaranteed a roster spot, A 15.00 late fee is assessed
- * 02/07/09 Tryouts begin

- Indoor Tryouts are being held at North Carroll High School Upper Gym
- Tryouts, Saturday February 7nd,14th.21th Attendance is mandatory
- Team sizes will be limited ,waiting list are possible please register early
- Times and dates are subject to change, please check web site or email for tryouts times and schedules
- 10.00 discount on second or third child if you have multiple girls playing.
- Clothing and accessories for North Carroll and Manchester can be found at our web site, order forms are available www.ncrclacrosse.com
- **Pocket and Tyker age rules have changed, use age to determine appropriate group as of 08/31/08.** All other age groups as of 01/01/09

Please bring a mouth guard, lacrosse stick, and goggles to tryouts

- * 02/21/09 Team Selections. Roster submitted to MYLA
- * 03/14/09 Practice begins
- * 05/09/09 Picture Day/ North Carroll Lacrosse Day

Thank you for your continuing support of the North Carroll Girls Lacrosse program. We are in need of, **team parents, team sponsors, field maintenance and administrative positions**. Please volunteer, your help is needed. GO NORTH CARROLL!!!!!!!!!!!!!!

Tom Little

North Carroll Recreation Council Girls Lacrosse Registration Form - Spring 2009

www.ncrclacrosse.com

Mail to: 4499 Foxtail Rd, Hampstead, MD 21074

Checks payable to: NCRC Girls Lacrosse

Please Print

First Name _____ Last Name _____ Age _____ DOB _____ Grade _____ Yrs Experience _____

Mother's Name _____ Father's Name _____

Street Address _____ City/Town _____ State _____ Zip Code _____

Home & Cell Phone _____

Health Concerns (If Any) _____

Help is Needed Please Check: Team Parent _____ Field Maintenance _____ Head Coach _____ Asst Coach _____ Sponsors _____

Registration Fees:

Pocket Ages 5-6 **\$50.00**

Tykers

NCRC Member

\$100.00

Non-NCRC Member

\$105.00

Lightning/Midgets/Juniors
(Fees include LaxSplash Tournament)

\$125.00

\$130.00

Membership# _____ required to take discount

Select Age Group:

Pockets Ages 5-6 _____ as of 08/31/08

Tykers Ages 7-8 _____ as of 08/31/08

Lightning Ages 9-10 _____ as of 01/01/09

Midgets Ages 11-12 _____ as of 01/01/09

Junior Ages 13-14 _____ as of 01/01/09

Any activity involving motion or physical orientation and response involve a personal risk of injury, over-exertion or stress. The undersigning acknowledges that the Recreation Council does not provide any registrant medical or hospitalization insurance whatsoever, and hereby waives any and all claims against the Recreation Council and the Bureau of Recreation and Parks or any other person affiliated with the Recreation Council program for injuries sustained while watching or playing games, or participation in any leisure time activity. I understand that, before my child may participate in any full contact activity, he/she must receive a Doctor's physical exam. I understand it's my responsibility to notify the head coach or program coordinator if there is any reason why my child should not participate in full contact activity. I understand that the participant is subject to the Council Rules of Conduct.

Signature of Parent or Guardian _____

Email Address _____ mandatory

Accessibility Notice: The American with Disabilities Act applies to the Carroll County Government and it's programs, services, activities and facilities. If you have any questions, suggestions or complaints, please contact Jolene Sullivan, the Carroll County Government with Disabilities Coordinator, at 410-848-9707, 410-876-5253 and TT# 410-848-5355. The mailing address is 225 North Center St, Westminster, MD 21157.

For Program Only Registration Fee Paid \$ _____ Cash _____ Check # _____

Carroll County Recreation and Parks

Youth Sports Standards for Coaches & Spectators

As we attempt to promote the most positive experience for the youth of Carroll County, we are committed to the following standards. All coaches and spectators should read the following standards and sign below to indicate their willingness to abide by them. As parent/guardian of a player, you are responsible for yourself, as well as, all guests and family members who attend the games. In addition, the team's coach will be held accountable for the behavior of the team's spectators and will be disciplined accordingly if spectators do not uphold these standards.

ALL COACHES AND SPECTATORS WILL:

1. Comply with the policies and procedures of Carroll County Recreation and Parks & schools as communicated by recreation council volunteers or County staff.
2. Respect all participants, coaches, staff, officials and volunteers at every practice or youth sports event and encourage all children to do the same.
3. Refrain from abusive or inappropriate language or gestures towards officials, volunteers, coaches, staff and participants. With the exception of congratulatory handshake or "high five", never make inappropriate physical contact with participants, coaches, officials or volunteers.
4. Accept the decision of the officials as being fair and performed to the best of their ability. Spectators shall never go onto the court or playing field, or approach the official scorekeeper, while the game is in progress or immediately after the event. Allow the coach to take all questions, rule interpretations or concerns to the appropriate league official.
5. Refrain from giving the children instructions during the game – allow the coach (es) to guide them.
6. Help ensure the safety of the playing area by reporting any unsafe hazards, removing trash, leaving food and beverages outside the gym or playing area when requested, refraining from the use of tobacco within 50 yards of the playing field or program site and refraining from the use of alcohol or other drugs at or immediately prior to all youth sports events.
7. Encourage and compliment players when they show improvement, play with extra effort, or simply need kind words.
8. Abide by doctor's decisions in all matters of health, injuries and ability to play.
9. Remember that the game is for youth – not adults.

Penalty for non-compliance:

If a coach or spectator is ejected for these or any reason, they may not attend the next two (2) games played. When such action is taken, the individual must meet with the League Commissioner and Recreation Council President prior to returning to any event. In addition, if the coach in attendance has been warned by the official(s) about behavior of a spectator at the game, that coach will also be suspended for one (1) game. When such action is taken, the coach must meet with the League Commissioner and Recreation Council President prior to returning to any event. If a coach or spectator is ejected a second time or acts out physically towards another individual, they will not be allowed to attend any Carroll County Recreation Council sports activity for at least one (1) year from the date of the incident. When such action is taken, the individual must meet with the League Commissioner, Recreation Council President and Bureau of Recreation staff prior to returning to any event.

I/We agree to help make youth sports fun and help teach our players good sportsmanship. I/We understand and will abide by the above standards: (please sign and return this form to your child's coach)

Name: _____

Date: _____

Name: _____

Date: _____

Coach: _____

Date: _____